

# Apples

Apples are one of the most popular fruits in the world today. With over 7,500 different varieties grown worldwide it can be difficult to choose which varieties will thrive in your garden as well as suit your tastes. Hopefully, this guide can help you choose from the varieties we carry here at Bristol's so you can enjoy fresh apples straight from your garden!

Apples are loaded with complex carbohydrates, dietary fiber and antioxidants.

Plus they taste great - who ever tires of a freshly picked apple? **What a delicious path to better health.**



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A guide to  
selecting the  
best varieties  
for your garden



### **Braeburn**

Great apple featuring outstanding taste whether fresh or cooked, crisp, tart flesh, with great storage ability. Mid-season bloomer but is one of the last to ripen (mid fall). Cold hardy to Zone 5.

### **Cortland**

Bright Red, medium-sized fruit. A crisp, slightly tart apple of high quality. Blooms mid-season, but late season to ripen (late September). Cold hardy to Zone 4.

### **Empire**

A wonderful blend of both sweet and tart. Crisp red skin with a juicy, creamy white flesh. Best when eaten right off the tree. Excellent for cider and baking. Resistant to rust and fireblight. Ripens mid-season and is cold hard to Zone 4.

### **Fuji**

A crisp and juicy apple that ripens in October and keeps very well in storage. The flesh is sweet and crisp and the light green skin with red blush is very attractive. Vigorous and productive. Outstanding for fresh eating. Pollinate with any mid-season blooming apple. Cold hardy to Zone 5.

### **Garden Delicious**

A true genetic dwarf, great for small places. A nice green-yellow fruit with a red blush when ripe. Excellent flavor, sweet and crisp. Stores well. Great for fresh eating or cooking. Ripens September. Self-fertile. Cold hardy to Zone 5.

### **Honeycrisp**

Great for taste, even better for storage, this sweet-flavored late season selection retains its crispness even after seven months of storage. A great selection because of its versatility, taste and productivity. Cold hardy to Zone 3.

### **Liberty**

Extremely resistant to apple scab, cedar apple rust, and powdery mildew. The bright red fruit ripens late season, and have a crisp, somewhat tart flavor. Blooms mid-season, cold hardy to Zone 4.

### **Lodi**

Sweet-tart, smooth-skinned, green apple with crisp, juicy, white flesh. Ripens early summer (mid – late July). Vigorous grower, excellent for applesauce, cooking, baking, or fresh eating. Early blooming, cold hard to Zone 5.

### **Macoun**

Exceptionally high quality fruit are dark red and firm. Considered by many as one of the best overall for fresh eating. Ripens mid-summer, cold hardy to zone 4.

### **McIntosh**

One of the most popular apples grown in the Northeast. A very productive tree which yields medium-sized, bright red fruit. With a tender, thin skin, these apples are good for fresh eating or cooking. Ripens mid-season, cold hardy to Zone 4.

### **Red Delicious**

Everyone loves this apple for its extremely sweet and juicy flesh. Good for fresh eating and salads. Vigorous grower, resistant to fireblight and cedar rust. Mid-season, cold hardy to Zone 5.

### **Royal Gala**

A deep red apple with sweet, crisp flesh that is perfect for both eating and cooking. Early to mid season ripening. Cold hardy to Zone 4.

### **Spartan**

Fruit is crisp, juicy, and highly aromatic and is a favorite for eating fresh off the tree although it is superb when used in sauces or baking. Resistant to scab, mildew and fireblight. Early blooming, self-fertile, and very cold hardy. Zone 4.

### **Winesap**

Heirloom since 1817. Dark red skin with crisp, yellow flesh. Juicy and Tart. Great for fresh eating, juice, and baking. Ripening in early fall. Blooms in mid April. Cold hardy Zone 4.

### **Zestar**

Early blooming and early maturing apple that can be picked in mid to late August. The high sugar content and juiciness mixed with tart flavor will have you drooling from your first bite. It's a medium sized fruit that is mostly red against a yellowish-skinned background. Stores a few weeks after harvesting. Very cold hardy. Zone 3.